

Lunch Menu Week 2 – 2018/2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)
Main	Classic Sausage with Gravy (GF)(DF)(O)	Thai Fish Cakes with Chilli Sauce (DF)	Mexican Chicken Fajita (DF)(O)	Italian Beef Lasagne (O)	Portuguese Nando's Chicken Breast (GF)(DF)(O)
Vegetarian	Vegetarian Sausages with Gravy (GF)(DF)(V)(O)	Thai Red Vegetable Curry (GF)(DF)(V)(O)	Vegetable Quesadilla (DF)(V)(O)	Macaroni Cheese (V)(O)	Roasted Vegetables And Halloumi (GF)(DF)(V)(O)
Vegetable or Salad	Seasonal Vegetables	Thai Green Vegetables	Chopped Salad	Tomato Basil Salad	Sweetcorn, Lettuce And Carrot Salad
Carbohydrate	Mashed Potatoes	Sticky Jasmine Rice	Mexican Rice	Garlic Focaccia	Wedges
Dessert	Apple Crumble	Banana Loaf	Angel Delight with Chantilly Cream	Strawberry Panna Cotta	Portuguese Custard Tart

Dietary – (V) Vegetarian (DF) Dairy Free (GF) Gluten Free (O) Organic