

Lunch Menu Week 3 – 2018/2019

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)	Soup Of The Day (GF)(DF)(V)(O)
Main	Cajun Cornflake Chicken (GF)(O)	Brazilian Lombo Pork Loin Steak (GF)(DF)(O)	Moroccan Lamb Meat Balls in Tumeric Sauce (GF)(DF)(O)	Korean Bulgogi Chicken Kebab (GF)(DF)(O)	Teriyaki Salmon with Glass Noodles (DF)(O)
Vegetarian	Vegetable Jambalaya (GF)(DF)(V)(O)	Vegetable Feijoada (GF)(DF)(V)(O)	Vegetable Tagine (GF)(DF)(V)(O)	Bulgogi Roasted Vegetables (GF)(DF)(V)(O)	Teriyaki Vegetable Stir Fry
Vegetable or Salad	Sweetcorn Cob	Onion and Broccoli Chilli	Moroccan Salad	Kimchi Coleslaw	Sweet Chilli Green Vegetables
Carbohydrate	Sweet Potato Wedges	Roasted New Potatoes	Tomato and Herb Couscous	Korean Noodle Salad	N/A
Dessert	Cheese Cake	Spiced Rice Pudding	Fruit Pot	Strawberry Jelly With Lime Cream	Cocoa and Cherry Brownie

Dietary – (V) Vegetarian (DF) Dairy Free (GF) Gluten Free (O) Organic