

YEAR 7 OVERVIEW PE

AUTUMN TERM 1								
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
	04.09.17	11.09.17	18.09.17	25.09.17	02.10.17	09.10.17	16.10.17	
Girls	Baseline Assessment for games, movement and fitness	Assessment for games, movement and fitness	Assessment for games, movement and fitness	Assessment for games, movement and fitness	Netball – ball familiarisation	Netball – Ball skills	Netball – Assessment lesson	
Boys	Baseline Assessment for games, movement and fitness	Assessment for games, movement and fitness	Assessment for games, movement and fitness	Assessment for games, movement and fitness	Rugby – ball familiarisation	Rugby – Ball skills	Rugby – Assessment lesson	
Mixed	Baseline Assessment for games, movement and fitness	Assessment for games, movement and fitness	Assessment for games, movement and fitness	Assessment for games, movement and fitness	Gym – Body control	Gym – Basic skills	Gym – Assessment lesson	
AUTUMN TERM 2								
	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15
	30.10.17	06.11.17	13.11.17	20.11.17	27.11.17	04.12.17	11.12.17	18.11.17
Girls	Netball – sending Dance – basic skills	Netball – receiving Dance – basic skills	Netball – attack Dance – special awareness	Netball – defence Dance - levels	Netball – positional play Dance – compositional development	Netball – positional play Dance – compositional development	Netball – tactics Dance – assessment lesson	Netball – assessment lesson Dance – assessment lesson
Boys	Gym - Body control Hockey - ball familiarisation	Gym – Basic skills Hockey – Ball skills	Gym – balance Hockey – Sending and receiving	Gym – rotation Hockey - dribbling	Gym – flight Hockey - attacking	Gym – compositional development Hockey - defending	Gym – compositional development Hockey - tactics	Gym - Assessment lesson Hockey – assessment lesson
Mixed	Trampolining – body control and safety	Trampolining – seat landings	Trampolining – Back landings Basketball - shooting	Trampolining – Front landings Basketball - attacking	Trampolining - Combinations Basketball - defending	Trampolining – Combinations Basketball - tactics	Trampolining - compositional development	Trampolining – assessment lesson

	Basketball - - ball familiarisation	Basketball - Sending and receiving					Basketball - tactics	Basketball assessment lesson
SPRING TERM 1								
	Week 16	Week 17	Week 18	Week 19	Week 20			
	08.01.18	15.01.18	22.01.18	29.01.18	05.02.18			
Girls	Gym - Body control Football – control, look up, PASS	Gym – balance Football – control, look up, DRIBBLE	Gym – rotation Football – control, look up, SHOOT	Gym – compositional development Football – attack and defence	Gym – Assessment lesson Football – Assessment lesson			
Boys	Football – sending and receiving Volleyball - ball familiarisation	Football – dribbling Volleyball – the dig	Football – shooting Volleyball – the set	Football – positional play Volleyball – serving and rules	Football – Assessment lesson Volleyball – Assessment lesson			
Mixed	Badminton – grip, stance, rallying Football – control, look up, PASS	Badminton – court lines and short serve Football – control, look up, DRIBBLE	Badminton – basic rules and short serve Football – control, look up, SHOOT	Badminton – overhead clear Football – attack and defence	Badminton – assessment lesson Football – Assessment lesson			
					Data and Reports			
SPRING 2								
	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26		
	19.02.18	26.02.18	05.03.18	12.03.18	19.03.18	26.03.18		
Girls	Trampolining – body control and safety Basketball - - ball familiarisation	Trampolining – seat landings Basketball - Sending and receiving	Trampolining – Back landings Basketball - shooting	Trampolining – Front landings Basketball – attacking and defending	Trampolining - Combinations Basketball - tactics	Trampolining – assessment lesson Basketball assessment lesson		
Boys	Trampolining – body control and safety	Trampolining – seat landings	Trampolining – Back landings Basketball - shooting	Trampolining – Front landings	Trampolining - Combinations Basketball - tactics	Trampolining – assessment lesson		

	Basketball - - ball familiarisation	Basketball - Sending and receiving		Basketball – attacking and defending		Basketball assessment lesson	
Mixed	Multi Sports – Throwing Hockey - ball familiarisation	Multi Sports – Catching Hockey – Sending and receiving	Multi Sports – Evading Hockey - dribbling	Multi Sports – Attacking Hockey - attacking	Multi Sports – Defending Hockey - defending	Multi Sports – Tactics Hockey – assessment lesson	
SUMMER TERM 1							
	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33
	16.04.18	23.04.28	23.04.28	30.04.28	07.15.18	14.05.18	21.05.18
Girls	Athletics – Middle Distance Runs	Athletics – Sprints	Athletics - Throws	Athletics – multi eventing	Athletics – multi eventing	Athletics – multi eventing	Athletics – assessment lesson
Boys	Athletics - Throws	Athletics – Middle Distance Runs	Athletics – Sprints	Athletics – multi eventing	Athletics – multi eventing	Athletics – multi eventing	Athletics – assessment lesson
Mixed	Athletics – Sprints	Athletics - Throws	Athletics – Middle Distance Runs	Athletics – multi eventing	Athletics – multi eventing End of Year Exams	Athletics – multi eventing End of Year Exams	Athletics – assessment lesson Data Deadline
SUMMER TERM 2							
	Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Week 40
	04.06.18	11.06.18	18.06.18	25.06.18	02.07.18	09.07.18	16.07.19
Girls	Rounders – Throwing Tennis – golden rule	Rounders – catching Tennis – groundstrokes, forehand	Rounders – hitting Tennis – groundstrokes, backhand	Rounders – rules Tennis – rules and serving	Rounders – tactics Tennis - volleys	Rounders – match play Tennis – match play	Rounders – assessment lesson Tennis - assessment lesson
Boys	Tennis – golden rule Cricket – Fielding, barriers	Tennis – groundstrokes, forehand Cricket - bowling	Tennis – groundstrokes, backhand Cricket – batting, pull shot	Tennis – rules and serving Cricket – batting, hit to leg off front foot	Tennis – volleys Cricket – batting, drive	Tennis – match play Cricket – match play	Tennis - assessment lesson Cricket – assessment lesson

Mixed	Rounders – Throwing Stoolball - throwing	Rounders – catching Stoolball - catching	Rounders – hitting Stoolball - hitting	Rounders – rules Stoolball - rules	Rounders – tactics Stoolball - tactics	Rounders – match play Stoolball – match play	Rounders – assessment lesson Stoolball – assessment lesson	
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