

YEAR 8 OVERVIEW Food Prep and Nutrition

AUTUMN TERM 1							
Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
04.09.17	11.09.17	18.09.17	25.09.17	02.10.17	09.10.17	16.10.17	
Food hygiene and safety / Eat Well Plate recall	Starchy foods/ safe use of hob Dem savoury rice	Make savoury rice / Photograph	Self assess / Peer assess savoury rice	Energy sources and carbohydrates Dem macaroni cheese	Fibre and its sources Literacy Make macaroni cheese	Evaluate and sensory analysis	
			Assessment			Data and Reports	
AUTUMN TERM 2							
Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15
30.10.17	06.11.17	13.11.17	20.11.17	27.11.17	04.12.17	11.12.17	18.11.17
Protein sources And alternatives PLC check	Dem thai green curry	Make thai green curry	Fairtrade topic discussion +video	Dem Banana cake + Banana game	Make banana cake	Overview, PLC update and self assessment	Freestyle own recipe selection
SPRING TERM 1							
Week 16	Week 17	Week 18	Week 19	Week 20			
08.01.18	15.01.18	22.01.18	29.01.18	05.02.18			
Food hygiene and safety / Eat Well Plate recall	Starchy foods/ safe use of hob Dem savoury rice	Make savoury rice / Photograph	Self assess / Peer assess savoury rice	Energy sources and carbohydrates Dem macaroni cheese			
				Data Deadline			
SPRING 2							
Week 21	Week 22	Week 23	Week 24	Week 25	Week 26		
19.02.18	26.02.18	05.03.18	12.03.18	19.03.18	26.03.18		
Fibre and its sources Literacy Make macaroni cheese	Evaluate and sensory analysis	Protein sources And alternatives PLC check	Dem thai green curry	Make thai green curry	Overview, PLC update and self assessment		
SUMMER TERM 1							

Week 27	Week 28	Week 29	Week 30	Week 31	Week 32	Week 33	
16.04.18	23.04.28	23.04.28	30.04.28	07.15.18	14.05.18	21.05.18	
Food hygiene and safety / Eat Well Plate recall	Starchy foods/ safe use of hob Dem savoury rice	Make savoury rice / Photograph	Self assess / Peer assess savoury rice	Energy sources and carbohydrates Dem macaroni cheese	Fibre and its sources Literacy Make macaroni cheese	Evaluate and sensory analysis	
				End of Year Exams	End of Year Exams	Data Deadline	
SUMMER TERM 2							
Week 34	Week 35	Week 36	Week 37	Week 38	Week 39	Week 40	
04.06.18	11.06.18	18.06.18	25.06.18	02.07.18	09.07.18	16.07.19	
Protein sources And alternatives PLC check	Dem thai green curry	Make thai green curry	Overview, PLC update and self assessment	Freestyle own recipe selection			